

# Learn to Play the Floortime® Way!

An evidence based play therapy model to support individuals on the autism spectrum

6 online coaching sessions



Are you a parent, grandparent, baby sitter, aunt, teaching assistant, preschool teacher...of someone on the spectrum and are interested in improving the child's **regulation**, **interaction**, **attention** and **cognitive growth** through PLAY, then these upcoming coaching sessions might be for you!

Floortime is an evidence based therapeutic model created by the late Dr. Stanley Greenspan, clinical professor of psychiatry and pediatrics at George Washington University Medical School, practicing child psychiatrist, and renowned author. DIRFloortime consists of play based sessions in which the Floortime Provider engages the child by using a set of techniques to deepen relationships, strengthen communication and interaction, expand thinking and learning, and support regulation of emotional responses.

## Coaching Session Goals

- Learn some basic insights into the DIRFloortime model
- Learn to join the child in his/her world and experience joy and shared meaning
- 5 techniques to enhance interaction and attention
- Participants will try out the beginnings of “learning to play the Floortime way” and will be asked to send in 2-3 min video clips of them playing with a child on the spectrum. The video will be viewed and analyzed, and feedback will be provided.

Where: Online, 6 sessions

When: Monday evenings, 8-9 pm, Sept 21<sup>st</sup> till Oct 26<sup>th</sup>

Cost: CA\$ 200 (tax included)

Very limited number of participants!

For more info or registration contact

[nancyceulemans@yahoo.co.uk](mailto:nancyceulemans@yahoo.co.uk) or call 902 403 6073



About the presenter:

Nancy holds a Belgian degree in Education, is trained in multiple neurodevelopmental approaches and has a certificate of Leaders of Learning from Harvard University. She runs a practice near Halifax where she supports individuals with all sorts of difficulties in life and learning and does presentations in Canada and abroad. She is an Expert Training Leader in DIRFloortime.

## From a parent who went through Floortime coaching:

*"It is so amazing to watch my son engage during a DIR Floortime session. Joining him in whatever has his interest, he is drawn into animated and joyful interaction. How wonderful to see his restlessness and agitation transformed, before my eyes, into laughter and play" (Stephanie Strang).*